

Educaterers Lunch Menu Week 3

Coventry and Warwickshire: 27/3, 17/4, 8/5, 19/6 and 10/7
Leicestershire: 27/3, 17/4, 8/5, 19/6, 10/7
Oxfordshire: 27/3, 17/4, 8/5, 19/6 and 10/7

Monday



Pork Meatballs SB, SU

or



(vg) Sticky BBQ Quorn Fillet G.

or



(v) Cheese/Beans D

or



(v) Cheddar Cheese G.D.

Jacket Potatoes Every Day

or



(v) Cheese D.

or



Tuna Mayonnaise F.E.G

Tuesday



Chicken Korma Curry D.

or



(v) Cheese & Tomato Pizza G.D.

or



Tuna Mayonnaise F.E.

or



British Roast Chicken G.

Wednesday



Roast Beef in Gravy, York Pud D.E.G.

or



(v) Veggie Toad in the Hole D.E.G.

Thursday



Chicken Pie G.

or



(vg) Breaded Vegetable Fingers G.

or



British Ham G.

Friday



Breaded Fish Fillet Fingers F.

or



(v) Veggie Hot Dog G.

or



Egg Mayonnaise G.E.

Week 3 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.)
or fresh fruit as alternative dessert options

Monday

(vg) Homemade Chocolate Cracknel

Tuesday

(v) Swirly Strawberry Mousse D.
(vg) Homemade Orange Cookie G.

Wednesday

(v) Homemade Fruit Crumble G.
with Custard D.

Thursday

(vg) Homemade Flapjack G.
with Fruit Wedges

Friday

(v) Dinky Donuts G.SB.D.E.
with Chocolate Sauce SB.
(v) Ice Cream Tub D.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Key

vg = vegan
V = vegetarian
D = Dairy
N = Coconut/Nuts
S = Sesame
E = Egg
G = Gluten/Wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites

