

# Educaterers Lunch Menu Week 1

Coventry and Warwickshire: 5/9, 26/9, 17/10, 7/11, 28/11, 9/1/23, 30/1.  
Leicestershire: 5/9, 26/9, 7/11, 28/11, 9/1/23, 30/1.  
Oxfordshire: 5/9, 26/9, 17/10, 7/11, 28/11, 19/12, 9/1/23, 30/1, 20/2.

## Meat Free Monday



(vg) Quorn Dippers G.

or



(v) Broccoli and Sweetcorn Pasta Bake G.D.

or



(v) Cheese/Beans D.

or



(v) Cheddar Cheese G.D.

## Jacket Potatoes Every Day

or



(v) Cheese D.

or



Tuna Mayonnaise F.E.

or



British Roast Chicken G.

or



Tuna Mayonnaise F.E.G.

## Tuesday



Pork Meatballs G.

or



(v) Cheddar Cheese and Potato Pie D.E

## Wednesday



British Roast Chicken, Stuffing G.

or



(vg) Quorn Roast G. Optional Stuffing G.

## Thursday



Pasta Bolognese G./Cheese D.

or



(v) Veggie Sausage Pattie in a Breakfast Bap D.E.G.

## Friday



Crispy Salmon Fishcake F.G.

or



(v) Rustic Cheese & Tomato Pizza D.G.

## Week 1 Dessert Menu

### Every day we offer:

(v) Yoghurt, (D.) or  
Fresh fruit as alternative dessert options

### Monday

(v) Chocolate Mousse with Fruit D.  
(vg) Homemade Ginger Biscuit G.

### Tuesday

(vg) Homemade Lemon Shortbread G.

### Wednesday

(v) Homemade Chocolate Cherry Sponge G.E. with Hot Chocolate Sauce D.  
(v) Ice Cream Tub D.

### Thursday

(v) Homemade Iced Pineapple Cake G.E.

### Friday

(v) Ice Cream Tub D.  
(vg) Homemade Crunch Cookie G.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown in the photographs.**

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

### Key

vg = vegan  
V = vegetarian  
D = Dairy  
N = Coconut/Nuts  
S = Sesame  
E = Egg  
G = Gluten/wheat  
F = Fish  
M = Mustard  
SB = Soya  
SU = Sulphites

