

Monday



Organic Pork Meatballs (G.S.U.)

or



(vg) Veggie Sausages (G.)

Every day choose from:

or



(v) Cheddar Cheese Soft Bap (D.G.), Flapjack (G.), Fresh Fruit, Juice Carton

Tuesday



Brunch: Sausage (G.S.U.), Bacon, Omelette (D.E.)

or



(v) Quorn Korma (very mild) (M.D.E.)



(v) Jacket Potato with Cheese (D.)

or

or



British Roast Chicken Wrap (G.), Homemade Sponge (G.E.), Fresh Fruit, Milkshake (D.)

Wednesday



Roast Beef in Gravy

or



(vg) Veggie Bolognese with Noodles (G.SB.)



Jacket Potato with Tuna Mayonnaise (E.F.)

or

or



British Ham Soft Bap (G.), Ice Cream Tub (D.), Juice Carton

Thursday



Chicken Pie (D.G.)

or



(vg) Breadcrumbed Vegetable Fingers (G.)



(v) Jacket Potato with Cheese and Beans (D.)

or



Tuna Mayo Sandwich (F.E.G.SB.), Up Beet Chocolate Cake (G.E.), Fresh Fruit, Milkshake (D.)

Friday



Breaded Pollock Fillet (F.)

or



(v) Quorn Nuggets (G.D.E.)

or



(v) Cheddar Cheese Soft Bap (D.G.), Dinky Doughnuts (G.E.D.SB.), Juice Carton

Week 2 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack (G.)

Tuesday

(v.) Homemade Chef's Sponge Cake with Fruit in Juice (G.E.)

Wednesday

(vg.) Homemade Fruit Crumble (G.) with (v) Custard (D.) or (v) Ice Cream Tub (D.)

Thursday

(v) Homemade Up Beet Chocolate Cake (G.E.)

Friday

(v) Dinky Doughnuts with Dipping Sauce (G.E.D.SB.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

vg = vegan
V = vegetarian
D = Dairy
N = Coconut/Nuts
S = Sesame
E = Egg
G = Gluten/wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites

