



Long Lawford
Primary School

Love, Learn, Persevere and Succeed

Friday 20th November 2020

COVID Update

Dear Families,

As you may be aware, cases of COVID-19 in Rugby seem to fluctuate on a daily basis. While I am pleased to report that there have been **no confirmed COVID cases** in children or staff at Long Lawford Primary, there have been a **rise in cases in local schools in Rugby**. Now is the time to continue with keeping a social distance on school site, wearing masks when on school site, and to continue to comply with National Restrictions. **The school would like to thank our community for continuing to do all they can to support the school with being COVID safe.**

We know that Coronavirus usually presents as a **cough, high temperature** or a **loss of, or change in taste or smell**. Anyone presenting with these symptoms is likely to have Coronavirus. Other symptoms like sore throat, muscle aches and severe fatigue are more likely to be a seasonal cold, but the Department of Public Health has learned that some children with positive Coronavirus tests have only had these lesser symptoms.

The message from the Department of Public Health is as follows: should any child become ill for any reason, then **your child should not attend school** until they are well again. If your child displays any of the top three symptoms or any of the lesser symptoms listed below, **your child should not attend school** until they have a negative test result or have completed their isolation period. In addition, **symptomatic parents/carers that are displaying the top three symptoms or any of the lesser symptoms should not attend school site** until they have a negative test result or have completed their isolation period. To book a test you need to state to 119 or online that you have been requested to test by Public Health. The symptoms include:

- Fever or chills
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Diarrhoea

If you or your child have any of these lesser symptoms, or any of the top 3 main symptoms, the school strongly advises that you book a COVID-19 test. This does not change the national guidance that, if you are unwell with a **cough, high temperature** or a **loss or change in taste or smell**, you and your household must self-isolate until there is a negative test result or the isolation period has ended. If anyone tests positive they must isolate for 10 days and their household must isolate for 14 days from the first day of symptoms. Self-isolation must start from the first day of the symptoms, and the school can offer some support with identifying dates for isolation periods. However, please remember that although school staff will help where they can, they are not trained medical experts.

We understand that this new guidance may be inconvenient to you, but we believe it is necessary to ensure that we can maintain education provision for your child/ren. We want to keep you, our families, our school, as well as our local community safe. **Please help us - if your child is unwell, keep them at home and, if necessary, book a test.**

The school may ask you for proof of a negative test for your child, should you wish for your child to return to school before the end of their isolation period. Please do not be offended by this as we are trying to do all we can to keep all members of the school community **safe**. However, if you do not feel comfortable with sharing this information, please contact the school and we will be happy to discuss this with you on a case-by-case basis. If you require any support during an isolation period, please do not hesitate to get in touch with the school and we will do all that we can to help you.

Yours sincerely,

Mrs. Claire Stringer
Headteacher