



Long Lawford Primary School

Reviewed November 2017

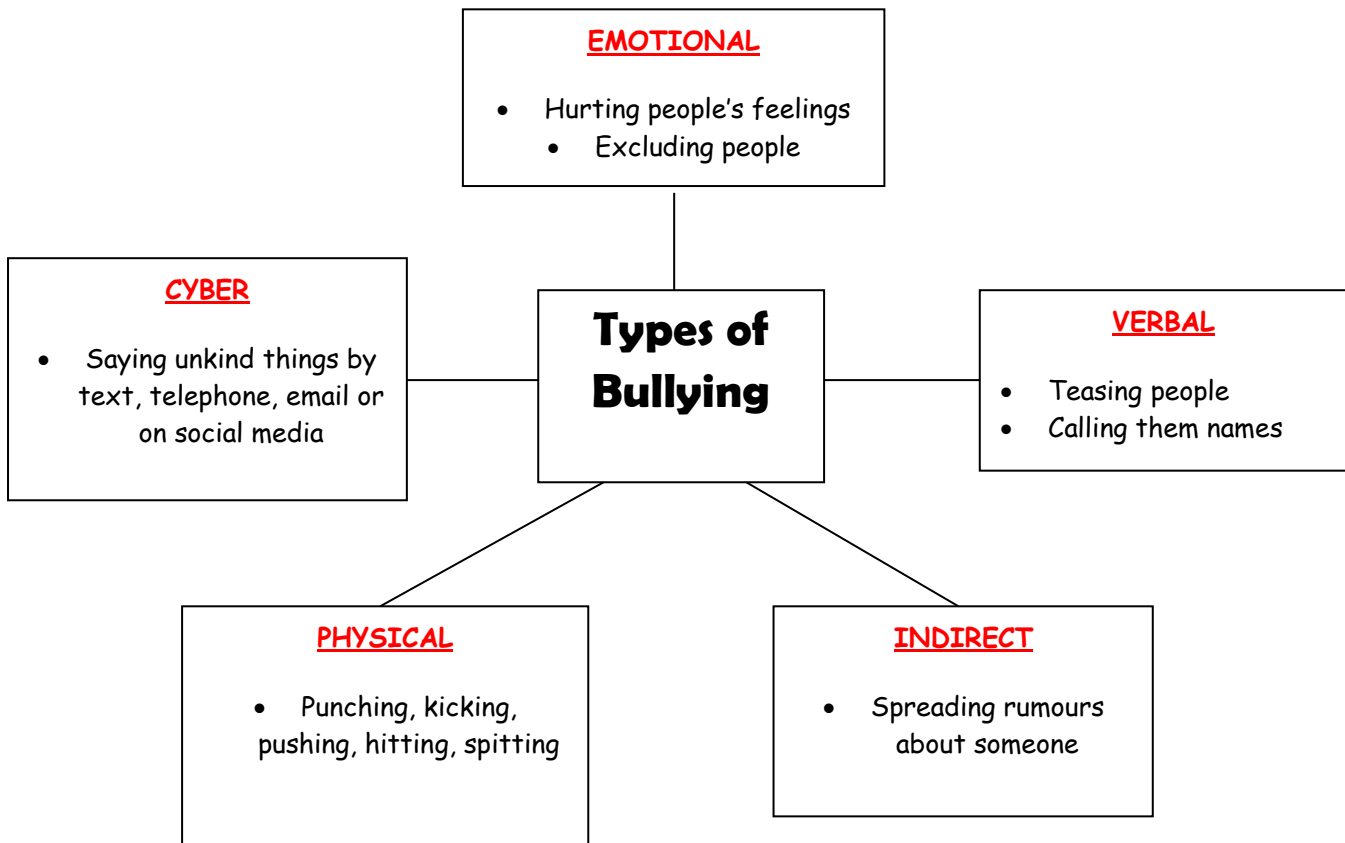
Child Friendly Anti-Bullying Policy

Date: July 2015

Written by the Anti-Bullying Ambassadors:

What is bullying?

Bullying is intentionally hurting someone repeatedly. It could be verbal, physical, emotional, indirect or cyber bullying.



When is it Bullying?

Bullying is any behaviour that makes someone feel upset, uncomfortable or frightened several times on purpose.

Several
Times
On
Purpose

What should I do?

Tell someone so that they can help solve the problem.

Start
Telling
Other

People

What should you do if you are being bullied?

DO

- If you can, ask them to stop
- Ignore them and walk away
- Tell someone what is happening
- Most importantly - talk to someone you trust and tell them about what is happening

DON'T

- Keep it to yourself - people can't help you if they don't know about it
- Retaliate – don't get angry/upset or hit out at them
- Do what they say
- Take it personally – it is not your fault and you are not alone

What should you do if you see someone else being bullied?

Don't ignore it - TAKE ACTION!

If safe to do so, tell the bully to **STOP!**

Otherwise, tell an adult straightaway.



Who you can tell?

If you are getting bullied you can tell:

- A friend
- A parent or carer
- Teachers
- Teaching assistants
- An Anti-bullying Ambassador
- Lunch time staff
- Any other adult

MOST IMPORTANTLY:

Start Telling Other People!



It's good to talk!

What does Long Lawford Primary School
think about bullying?

At Long Lawford Primary School we believe any form of bullying is completely unacceptable.

We want OUR school to be bully FREE.

We want children to be able to come to school feeling happy and safe.

We want people to respect each other and get on well together.



We believe all the children
in our school have the
right to feel safe and
happy.



If **YOU** are being bullied or know someone who is, don't cry – come and talk to the anti-bullying ambassadors.

