

Long Lawford Primary School

Friday May 8th 2009

'Together we are an ACE School.'



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Long Lawford News...

Summer 3

People who help us - During the week, children in our Foundation stage classes as part of their topic, 'People who help us' were treated to a visit from the Police. All the children thoroughly enjoyed the visit and the chance to sit in the patrol car!

New school cook - I am pleased to announce that Mrs Threlfall, who has been covering in the school kitchen has been appointed as our new school cook. Mrs Threlfall is keen to work with the school and parents to promote healthy eating with all the children.

Half term and School closure - A reminder that school is closed for half term Monday May 25th—Friday May 29th inclusive and on Thursday June 4th 2009 (Polling).

Walk to school week - Just a reminder that the school will once again be taking part in national walk to school week. This takes place the week commencing **Monday May 18th 2009**. The theme is "Walking Together", which highlights the work of Guide Dogs for the Blind. We are hoping to raise £250 so that the children can sponsor a Guide Dog puppy! The school will then receive its own sponsorship certificate, a photo of our puppy dog, regular 'Pupdates' showing how their training is progressing, plus an exclusive Sponsor a Puppy calendar. Please complete the sponsorship envelope and donate what you can.

Key Stage 2 SATs - Next week children in Year 6 will take their end of primary school tests (or SATs). It is really important that children in year 6 are in school on time each day. We will be once again be putting on a free breakfast club each day (8:15—8:45am) for children in year 6 to enable the children to have the best possible start to the day. Parents will be aware that there has been a lot of coverage in the media about SATs. As a school we try to keep to a balanced curriculum as far as possible for our year 6 children. This year the children have benefitted from trips to the Rugby Sikh Gurdwara, Coventry Transport Museum and Cathedral, First Aid and Business Enterprise days and specialist Sports, Music and Spanish tuition.

Dinner monies - Please note that all dinner monies are payable in advance. School dinners cost £1.65 a day or £8.25 a week.

Monies - I would ask for all monies (for trips, activities, dinners etc) to be put in a clearly labeled sealed envelope. Thank you.

Tissues - Whilst we do have tissues in school I would encourage all parents to ensure that their child has clean tissues each day. As you will know tissues are an important way of stopping the spread of infection and all the children have been reminded of the importance of 'Catch it, bin it, kill it'. That is sneeze or blow your nose into a tissue and then put the tissue into a bin and wash your hands.

Stars of the week

Star Workers: Harrison Anderson, Jack Kettleborough, Zak Arrow, Mya Jankowski, Julia Itrych, Miah Barnwell, Eleanor Riden and Aliya Jackson.

Star People: Lauren Holder, Aisha Bacon, Melissa Tucker, Leah Rogers, Jack Colledge, Rosie Taylor, Emma Goodman and Bethany Ryan.

WELL DONE to them all!

Long Lawford News...

Annual reports - Please note that annual reports to parents will go out on **Thursday July 9th 2009**. After discussions with other schools and the Local Authority we are trialling a simplified version of our report format this year. It is hoped that the new format will be more relevant and accessible for parents.

Water - I would ask all parents to ensure that their child has a water bottle (plastic and labelled) in school each day. In the interests of hygiene we do not have water fountains children can drink directly from and we encourage the use of plastic bottles that can be used throughout the day. Water bottles are also available to purchase from the school office at the very reasonable price of £1.

Some Water Facts

A child's body is 65% water and their brain is 75% water.

If a child is thirsty, first their attention wanders, then tiredness and irritability can weaken their concentration.

For a child at school, water can be the difference between learning and missing out!



The links between water, dehydration, health and learning

How does drinking water link to health?

- Drinking adequate amounts of water regularly throughout the day can protect health and contribute to well-being.
- Drinking adequate amounts of water can help prevent a range of short and long-term health problems from headaches, bladder, kidney and bowel problems to cancer.

Water has none of the health problems associated with drinks containing sugar, additives, sweeteners, acids or caffeine.

How does drinking water improve learning?

- The key to boosting the capacity to learn is to keep well hydrated throughout the day.
- When we are thirsty mental performance including memory, attention and concentration can decrease by about 10 per cent
- Pupils concentrate better because they are not distracted by the effects of dehydration such as thirst, tiredness and irritability

WATER is the Stuff of Life.



Filmnight



Come along and enjoy a screening of the amazing **KUNG FU PANDA***

on

Wednesday 10th June 2009

at

5:30—7:30pm

price

£1.50 per child

Refreshments will be sale on the evening.



* Kung Fu Panda is a PG film as it contains mild Kung Fu fighting.