

**Why not try this questionnaire to see what type of learner you are.
It could be quite revealing!**

Below are 18 statements about ways of learning. Look at each of the statements and decide how much it is like you. Score each statement from 0 to 5. If it is really like you, score it 5. If it is not like you at all, score it 0. Use the numbers in between as well. Circle your score then add all the scores according to the key at the bottom

		Not like me				Really like me	
		0	1	2	3	4	5
1	I like to listen to music when I work	0	1	2	3	4	5
2	I enjoy being busy doing things	0	1	2	3	4	5
3	I read the instructions when I'm assembling furniture	0	1	2	3	4	5
4	I have a hobby which is practical	0	1	2	3	4	5
5	I can put a face to name	0	1	2	3	4	5
6	I can remember the look of every photo in the house	0	1	2	3	4	5
7	I prefer going for a walk to watching TV or reading	0	1	2	3	4	5
8	When giving directions I look for landmarks	0	1	2	3	4	5
9	I remember the look of my primary classroom	0	1	2	3	4	5
10	I prefer reading to watching TV or going for a walk	0	1	2	3	4	5
11	I can remember my primary teacher's voice	0	1	2	3	4	5
12	When giving directions I describe the route	0	1	2	3	4	5
13	I prefer watching TV to reading or going for a walk	0	1	2	3	4	5
14	I look at the diagrams when I'm assembling furniture	0	1	2	3	4	5
15	I remember what it felt like to be at primary school	0	1	2	3	4	5
16	I can put a name to a face	0	1	2	3	4	5
17	I use trial and error when I'm assembling furniture	0	1	2	3	4	5
18	When giving directions I draw a map	0	1	2	3	4	5

Marking Your Questions			
Visual		Score	
Question	5	_____	
Question	6	_____	
Question	8	_____	
Question	9	_____	
Question	13	_____	
Question	14	_____	
Total		<input type="text"/>	
Kinesthetic		Score	
Question	2	_____	
Question	4	_____	
Question	7	_____	
Question	15	_____	
Question	17	_____	
Question	18	_____	
Total		<input type="text"/>	
Auditory		Score	
Question	1	_____	
Question	3	_____	
Question	10	_____	
Question	11	_____	
Question	12	_____	
Question	16	_____	
Total		<input type="text"/>	

Visual learners learn mainly from seeing. Auditory learners learn mainly from hearing and kinesthetic learners learn mainly from doing.